

# MUNCHIE LIST

## (PRINT AND TAKE IT TO THE GROCERY)

- |                          |  |                          |                                       |
|--------------------------|--|--------------------------|---------------------------------------|
| <input type="checkbox"/> | Apple                                  | <input type="checkbox"/> | Hard candy                            |
| <input type="checkbox"/> | Apple Juice (canned)                   | <input type="checkbox"/> | Lemon wedges                          |
| <input type="checkbox"/> | Apricot Nectar                         | <input type="checkbox"/> | Lemonade (frozen)                     |
| <input type="checkbox"/> | Apricots (dried)                       | <input type="checkbox"/> | Lollipops                             |
| <input type="checkbox"/> | Apricots (fresh)                       | <input type="checkbox"/> | Menthol drops                         |
| <input type="checkbox"/> | Assorted Nuts (in shell)               | <input type="checkbox"/> | Mint leaves                           |
| <input type="checkbox"/> | Baby carrots (raw)                     | <input type="checkbox"/> | Mints                                 |
| <input type="checkbox"/> | Banana                                 | <input type="checkbox"/> | Nicotine gum                          |
| <input type="checkbox"/> | Beef jerky                             | <input type="checkbox"/> | Orange Juice (canned, unsweetened)    |
| <input type="checkbox"/> | Blackberries                           | <input type="checkbox"/> | Orange wedges                         |
| <input type="checkbox"/> | Broccoli (raw)                         | <input type="checkbox"/> | Peach                                 |
| <input type="checkbox"/> | Cantaloupe                             | <input type="checkbox"/> | Peanuts (in shell)                    |
| <input type="checkbox"/> | Carrots                                | <input type="checkbox"/> | Pear                                  |
| <input type="checkbox"/> | Celery (raw)                           | <input type="checkbox"/> | Pickles                               |
| <input type="checkbox"/> | Cheese                                 | <input type="checkbox"/> | Pineapple Juice (canned, unsweetened) |
| <input type="checkbox"/> | Cherries                               | <input type="checkbox"/> | Popcorn                               |
| <input type="checkbox"/> | Cinnamon sticks                        | <input type="checkbox"/> | Popsicle                              |
| <input type="checkbox"/> | Corn Chips                             | <input type="checkbox"/> | Potato Chips                          |
| <input type="checkbox"/> | Cottage cheese (low-fat-2%)            | <input type="checkbox"/> | Prune Juice                           |
| <input type="checkbox"/> | Cranberry Juice                        | <input type="checkbox"/> | Prunes, Dried                         |
| <input type="checkbox"/> | Dates (dried)                          | <input type="checkbox"/> | Pumpkin seeds (in shell)              |
| <input type="checkbox"/> | Dried fruit                            | <input type="checkbox"/> | Raisins                               |
| <input type="checkbox"/> | Fig (dried)                            | <input type="checkbox"/> | Rice cakes                            |
| <input type="checkbox"/> | Fire balls                             | <input type="checkbox"/> | Saladitos                             |
| <input type="checkbox"/> | Flavored toothpicks                    | <input type="checkbox"/> | Strawberries                          |
| <input type="checkbox"/> | Ginger                                 | <input type="checkbox"/> | Straws                                |
| <input type="checkbox"/> | Ginger Ale                             | <input type="checkbox"/> | Sugarless gum                         |
| <input type="checkbox"/> | Grape Drink                            | <input type="checkbox"/> | Sunflower seeds (in shell)            |
| <input type="checkbox"/> | Grape Juice (bottled)                  | <input type="checkbox"/> | Tea                                   |
| <input type="checkbox"/> | Grapefruit Juice (canned, unsweetened) | <input type="checkbox"/> | Tomato Juice                          |
| <input type="checkbox"/> | Grapes                                 | <input type="checkbox"/> | Vegetable Cocktail Juice              |
| <input type="checkbox"/> | Gum Drops                              | <input type="checkbox"/> | Watermelon                            |
| <input type="checkbox"/> | Gummy bears/worms                      | <input type="checkbox"/> | Zucchini (raw)                        |